

2009 Hero Nomination
Fred Frazier

The residents of Azalea Trails Assisted Living and Memory Care Community would like to take the opportunity to nominate Fred Frazier for the ALFA Hero Award. Fred has been with Azalea Trails for over a year, serving as the Maintenance Director. Due to the nurturing spirit Fred provides to each resident, Fred is a Hero to all the residents who call Azalea Trails their home.

Arriving long before he is due to report, Fred makes the first pot of warm coffee each morning. As the residents rise for the day, Fred warms each coffee cup with hot water, prior to pouring the coffee. When Fred is off work, the residents try to warm their coffee cups by wrapping them in their sweaters all while asking when Fred will return! After the morning coffee routine, he delivers the morning newspapers with a cheery "Good Morning", and will always take the special time needed to talk or share a moment. Not only does he make each assisted living resident a valuable community asset, he also includes each memory care resident. Most Friday afternoons, Fred will take the memory care residents for a ride around town. They have driven to the car dealerships to choose their favorite car and color, gone on a drive in the country, and at Christmas time made their way through town to look at lights and sing Christmas carols.

Providing a safe, residential environment, Fred is always making repairs to keep Azalea Trails a beautiful community. The walls of the community rarely have a scratch, and the carpets are spotless (literally). At any given time, Azalea Trails appears as it did the day it opened. Living near to the community, he insists on coming at any time to make repairs, or complete special tasks for residents. If a resident is having family for a visit, Fred always makes sure the carpet in their apartment is clean and the walls have fresh paint.

Due to an illness, Fred was recently away from the community for a couple of weeks. While visiting him in the hospital, tears filled his eyes as he asked about each resident. The first stop Fred and his wife made after leaving the hospital; where else other than Azalea Trails...with hospital bands still wrapped around his wrist! Fred is lovingly called "The King of Kings" for all he gives physically, but more so for the love he gives constantly. As the residents of Azalea Trails, we love our King and hope that you will honor him for the wonderful man he is.