

2009 Hero Awards Nomination Form

Honor the hard-working employees and volunteers who help make your assisted living residents' lives more rewarding. Nominate someone you know for ALFA's 12th annual Hero Awards! Nominee Award Category (check one): Executive Director Staff Member Caregiver Nurse Volunteer Nominee's Title Length of Service Court AL+MCType of Community Assisted Living Name of Community eresa Allmond Person Nominating Name of Organization & Each community is limited to maximum of one nominee per category. Community/Parent Company must be a member of ALFA to be eligible to submit a nomination. Nominees should be exemplary in promoting ALFA's philosophy of care and service: Offering cost-effective quality care that is Involving family and friends in care, when personalized for the individual's needs appropriate Protecting each resident's right to privacy Promoting the individuality of each resident Fostering independence for each resident Providing a safe, residential environment Nurturing the spirit of each resident Allowing each resident choice of care and lifestyle Treating each resident with dignity and respect in care planning and implementation Making the assisted living residence a valuable community asset

On a one page (8½ x 11), one-side **typed** (no less than 12 point font) document, please provide specific examples of why you are nominating this employee or volunteer. Winners will be awarded during ALFA's 2009 National Conference & EXPO, May 5-7, 2009 in Philadelphia, PA, where they will receive a complimentary conference registration & lodging for one night, a trophy, and a monetary award.

Please email, fax or mail this form and its accompanying nomination letter by February 13, 2009, to ALFA, attention: Nikki Crevey, 1650 King Street, Suite 602, Alexandria, VA 22314; email ncrevey@alfa.org;, or fax to (703) 894-1831, or call (703) 562-1176 for more information.

Ms. Crevey,

I have worked with Nettie Barnes at Magnolia Court Assisted Living and Memory Care for the past two years. During that period Nettie has demonstrated an amazing ability to connect with the residents under her care with heart, compassion, and genuine laughter. I personally have observed her to have tremendous integrity, mentoring ability for new caregivers, and empathy.

In 2006, Signature Senior Living decided to build a new Assisted Living and Memory Care Community in Nacogdoches, Texas. As part of that development we found the need to hire and develop many new employee partners. Nettie has been a stand out since she began at Magnolia Court. Nettie has assisted with interviewing and selection of new Care Partners and mentoring them to respect each resident's privacy, spirit, dignity, and individuality. She also was instrumental in Magnolia Court's most recent deficiency free annual Health and Life Safety Surveys.

I routinely receive compliments for Nettie from the residents and families of Magnolia Court. Recently a resident shared how Nettie was like a daughter to her and she missed her when she was off. She is know for going out of her way to serve her residents and for her hugs. The dignity and respect she shows to each resident is evident when you see her with the residents.

Each resident will tell you how special she makes them feel and her co-workers consider her a go to person with questions. She says she LOVES her work because of the residents. She enjoys putting a smile on their faces at every opportunity. Nettie even went back to school to obtain her Medication Aid certificate because she felt she could better serve the residents with this added knowledge.

Nettie has the combined qualities of mentor, caregiver and friend to all her residents. I would highly recommend her for ALFA's Hero Award.

Sincerely,

Teresa B. Allmond, RN, BSN, MBA

President, SSL Management